

POWER TRIP B

Twenty Lessons for Grades 7 – 12
Parish Religious Education and Confirmation
Created by YOU TURNS

Scope and Sequence

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Overview

This framework is designed to provide a solid and consistent structure for the teaching and learning of the New Testament harmonized with the Four Pillars of The Catechism of the Catholic Church. The focus is threefold:

- To invite students into a personal relationship with Jesus.
- To enable students to draw wisdom and direction from Sacred Scripture through short in-depth studies from each of the 27 books of the New Testament that relate to their lives as adolescents and teens and are **correlated to Church history through historically pivotal lives of saints**.
- To impart basic knowledge of the Catechism of the Catholic Church - The Profession of Faith, The Celebration of the Christian Mystery, Life in Christ, and Christian Prayer - organized as Catechism principles arise within the Scriptures studied in each Step.

Instructional Strategies

Adoration before the Blessed Sacrament, skits, games and crafts, small group bible study, bible verse memorization, exploring answers to questions from the Catechism of the Catholic Church, invitational and sending forth prayers provide relevant, engaging and inspiring lessons for young Catholic students and/or Confirmation candidates.

Texts

The primary texts/sources are:

- The Holy Bible
- The Catechism of the Catholic Church

Assessment and Evaluation

Besides attendance and participation as signs of interest and progress for all youth group members, Confirmation candidates are required to attend a minimum of 25 youth group meetings and two youth group activities over two years. It is also recommended that they perform a certain number of service hours or other alternative. Additionally they are required to attend Four Confirmation booster sessions and write a Confirmation reflection paper as explained in the YOU TURNS Confirmation Supplement - a free download at www.youturns.org. An optional workbook is available for each youth or Confirmation candidate. If desired, its completion can also serve as an assessment and become a spiritual diary for the student.

Scope and Sequence

This course progresses book-by-book (Step by Step) through the five segments of the New Testament

- Segment One - THE FOUR GOSPELS
- Segment Two - ACTS OF THE APOSTLES
- Segment Three - PAULINE EPISTLES
- Segment Four - CATHOLIC EPISTLES
- Segment Five – REVELATION

Segment One - THE FOUR GOSPELS

Step 1. Matthew 5:21-42 - God's Rules for Friendship and Marriage

The Bible study from Matthew covers anger, forgiveness, sexuality, divorce, truthfulness tied in to the themes of friendship and marriage.

Step 2. Matthew 24:9-14; 28:1-20 - Go Make Disciples

The Bible study includes Jesus' teaching to endure to the end and the Great Commission. Youth are challenged to stand up for their faith and the truth. A short account of the North American Jesuits is included as history and an example of courageous evangelism.

Step 3. Mark 11:15-26 - Forgive, Pray, Believe

This Bible study teaches about prayer and the need to forgive before approaching God.

Step 4. Luke 6:27-37 - Love Your Enemy by the “Golden Rule”

The Bible Study teaches about loving our enemies followed by an activity that gives students opportunity to concretely forgive their “enemy.” Nine questions from the Catechism, The Prologue, examine basic concepts of God and Man and explain the Catechism and its structure.

Step 5. Luke 6:38-49 - Give and it Shall Be Given, etc.

The Bible Study covers building our lives on Jesus the Rock, possible consequences of not doing so, and Christian giving. Nine questions from the Catechism, Part Four Christian Prayer, review Catholic traditions of Prayer.

Step 6. John 5:22-29; 39-45 - Popularity or God’s Approval?

The Bible Study shows the Pharisees rejecting Jesus because they seek approval from one another rather than from God. The study invites youth to explore this behavior in their lives. Eight questions from the Catechism, Part Two Celebration of the Christian Mystery, explore the definition, purpose and names of the seven sacraments.

Step 7. John 13:14-17, 34-38; 14:1-6 - We’re Children of the King

The Bible study instructs us to be servants of one another and tells us that Jesus is the Way. This is correlated to the story of St Helen, mother of Constantine, and includes historical events such as the Edict of Milan or religious toleration act, Counsel of Nicaea, the Nicene Creed, Helen’s deeds of charity, building of the great basilicas and discovery of the true cross. Eight questions from the Catechism, Part One The Profession of Faith, include the Church’s first two ecumenical Councils, the Apostles’ and Nicene Creeds.

Segment Two - ACTS OF THE APOSTLES**Step 8. Acts 26:1-29 - Paul Teaches How to Evangelize**

Paul’s persuasive speech in Acts 26 offers an inspiring example of how we are to speak out boldly when God provides opportunity. Twelve questions from the Catechism, Part One The Profession of Faith, discuss the correlation of Sacred Scripture, Sacred Tradition and the Magisterium.

Segment Three - PAULINE EPISTLES**Step 9. Romans 8:12-32 - When You Serve God, Things Work Out**

The Bible Study offers the famous quote, “All things work together for good,” and is exemplified by the story of St Jerome who after being rejected as pope becomes the famous translator of the Latin Vulgate. No questions from the Catechism are included in this lesson.

Step 10. 1 Corinthians 6:19-20; 10:13; 2 Corinthians 5:17- Saved Through the Blood of Jesus

The Bible study reflects on the blood price Jesus paid for our salvation and our obligation, therefore, to glorify God in our bodies. Twelve questions from the Catechism, Part One The Profession of Faith, cover Mary and the Paschal Mystery.

Step 11. Galatians 5:19-21; 3:13 - Walk the Talk

The Bible study focuses on Paul’s list of vices or “works of the flesh,” and the need to learn and practice their opposite virtues. Five questions from the Catechism, Part Three Life in Christ, examine the soul, freedom and conscience.

Step 12. Philippians 2:1-11; 4:1-9 - Diet for a Healthy Mind

The Bible Study shows how to have the mind of Christ, and what to put into our minds in order for us to “rejoice always.” Seven questions from the Catechism, Part Three Life in Christ, look further at conscience and free will.

Step 13. Scriptures from 1 & 2 Thessalonians - Go and Sin No More

Bible study is matching various scriptures to youthful scenarios of sin. From the Catechism, Part Two Celebration of the Christian Mystery, there are nine questions about sin, repentance and confession.

Step 14. 2 Timothy 3:1-5 - Examine, Repent and Confess

An examination of conscience is created by the students derived from this list of sins in 2 Timothy 3:1-5. From the Catechism, Part Two Celebration of the Christian Mystery, there are seven questions regarding the sacraments of Reconciliation and Anointing of the Sick.

Segment Four - CATHOLIC EPISTLES**Step 15. Promises from Hebrews - The Greatest Thing in Life is Still Free - GRACE**

Students match to Christian symbols a list of promise verses in Hebrews. Twelve questions from the Catechism, Part Two Celebration of the Christian Mystery, cover the sacraments of the Anointing of the Sick and Holy Orders.

Step 16. James 1:12-16; 4:7-10 - Blessed is He Who Resists Temptation

The Bible Study from the book of James, explains how temptation becomes sin and how to overcome it by submitting to God and resisting the devil. Nine questions from the Catechism, Part Four Christian Prayer explain , the practice of prayer.

Step 17. Promises from 1&2 Peter - God's Covenant

In this Bible Study students examine promises from 1&2 Peter to analyze which verses refer to our part of the covenant and which to God's. Seven questions from the Catechism, Part Three Life in Christ, cover the spiritual and corporal works of mercy.

Step 18. 1 John 2:14-17; 4:1-16 - Sounds Good but Is It Truth?

The Bible Study is 1 John's teaching on testing the spirits. Nine questions from the Catechism, Part One The Profession of Faith, reflect on communication with God and the role of faith.

Segment Five – REVELATION**Step 19. Revelation 11:18-19; 12:1-17 - Mary our Queen and our Mother**

The Bible Study features the woman in Revelation 12. It covers Satan's banishment from heaven and war against mankind, Mary as Ark of the Covenant, and Mary's birth pangs at the foot of the cross. Five questions from the Catechism, Part Four Christian Prayer, reflect on the role of Mary in our lives

Step 20. Revelation 3:14-22, also 2:4-5; 3:1 - Cold No! Lukewarm Yuck! Hot Yes!

Bible study takes up the message to the Laodiceans who are castigated for their lukewarmness and reminded that Jesus stands at the door and knocks. Seven questions from the Catechism, Part Four Christian Prayer, cover the struggle to pray and the Holy Spirit's help. Youth are encouraged to develop intimacy with Our Lord by keeping their prayer life active during summer vacation.