

POWER TRIP A

Twenty Lessons for Grades 7 – 12
Parish Religious Education and Confirmation
Created by YOU TURNS

Scope and Sequence

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Overview

This framework is designed to provide a solid and consistent structure for the teaching and learning of the New Testament harmonized with the Four Pillars of The Catechism of the Catholic Church. The focus is threefold:

- To invite students into a personal relationship with Jesus.
- To enable students to draw wisdom and direction from Sacred Scripture through short in-depth studies from each of the 27 books of the New Testament that relate to their lives as adolescents and teens with **special emphasis on the work of the Holy Spirit.**
- To impart basic knowledge of the Catechism of the Catholic Church - The Profession of Faith, The Celebration of the Christian Mystery, Life in Christ, and Christian Prayer - organized as Catechism principles arise within the Scriptures studied in each Step.

Instructional Strategies

Adoration before the Blessed Sacrament, skits, games and crafts, small group bible study, bible verse memorization, exploring answers to questions from the Catechism of the Catholic Church, invitational and sending forth prayers provide relevant, engaging and inspiring lessons for young Catholic students and/or Confirmation candidates.

Texts

The primary texts/sources are:

- The Holy Bible
- The Catechism of the Catholic Church

Assessment and Evaluation

Besides attendance and participation as signs of interest and progress for all youth group members, Confirmation candidates are required to attend a minimum of 25 youth group meetings and two youth group activities over two years. It is also recommended that they perform a certain number of service hours or other alternative. Additionally they are required to attend Four Confirmation booster sessions and write a Confirmation reflection paper as explained in the YOU TURNS Confirmation Supplement - a free download at www.youturns.org. An optional workbook is available for each youth or Confirmation candidate. If desired, its completion can also serve as an assessment and become a spiritual diary for the student.

Scope and Sequence

This course progresses book-by-book (Step by Step) through the five segments of the New Testament (Segment Five, the Book of Revelation, is not studied in Power Trip A)

- Segment One - THE FOUR GOSPELS
- Segment Two - ACTS OF THE APOSTLES
- Segment Three - PAULINE EPISTLES
- Segment Four - CATHOLIC EPISTLES
- Segment Five – REVELATION

Segment One - THE FOUR GOSPELS

Step 1. Matthew 3:1-12 - The Holy Spirit and Fire

The Bible Study is of John the Baptist at the Jordan announcing the one to come after, who will baptize with the Holy Spirit and Fire. The study concludes with a brief look at the Pentecost story in Acts.

Step 2. Matthew 18: 21-35 - Forgiveness is Freedom

The Bible Study is Jesus' parable of the unforgiving servant who ends up in prison with the "tormentors".

Step 3.. Mark 8:31-38 - To Be Ashamed Would Be A Shame

The Bible Study includes Jesus' message, "Those who are ashamed of Me... of them the Son of Man will be ashamed when He comes in glory."

Step 4. Luke 4:16-30 - A Welcome and a Boot

The Bible Study is the story of Jesus with His mother visiting the synagogue in Nazareth, being greatly admired and then nearly thrown off a cliff for claiming that He is the fulfillment of the scripture He read. Students then look up Jesus' reading of Isaiah 61:1-3.

Step 5. John 3:13-21 - John 3:16

The Bible Study concentrates on the message of John 3:16, "God so loved the world..." which all are encouraged to learn from memory. Nine questions from the Catechism, Part One The Profession of the Faith, examine the Church's formation of Sacred Scripture and the relationship of the Old Testament to the New.

Step 6. John 14:18-27 - Memory Miracle

The Bible Study covers Jesus' plea before the Last Supper to keep His commandments and His promised gift of the Holy Spirit to "remind" us of all that He has taught. It is emphasized that we must learn first (read and know God's word) if we are to be reminded by the Holy Spirit. Eleven questions from the Catechism, Part One The Profession of the Faith, continue examining the formation of the Sacred Scriptures and the role of the Holy Spirit.

Segment Two - ACTS OF THE APOSTLES**Step 7. Acts 1:8; 2:38-42 - Power for the Trip**

The Bible Study is about the first Pentecost as recorded in Acts and the power it imparted to the apostles. They also explore how to imitate the fervor of the first Christians in their lives today. Eight questions from the Catechism, Part Two The Celebration of the Christian Mystery, cover the sacrament of Confirmation - its administration and effects.

Segment Three - PAULINE EPISTLES**Step 8. Romans 1:18-32; 14:17 - The Kingdom or the World?**

The Bible Study in Romans, chapter 1 reveals the activity of a fallen world, which can no longer recognize truth, even though God's creation plainly shows it, because of its worldly choices including same sex relationships. Thirteen questions from the Catechism, Part Two The Celebration of the Christian Mystery, cover the Sacrament of Baptism.

Step 9. 1 Corinthians 6:18-20; 7:8-10,36-39 - Sex & Marriage – Follow the Plan

The Bible Study covers St Paul's teaching on premarital sex, the indissolubility of marriage and the call to celibacy. Seven questions from the Catechism, Part Two The Celebration of the Christian Mystery, cover the sacrament of Marriage.

Step 10. 2 Corinthians 10:4-6; Ephesians 6:10-18 - Be Armed and Dangerous (against Satan)

The Bible Study looks at scriptures in 2nd Corinthians 10, and Ephesians 6 that expose tactics of the devil and reveal the armor and battle plan to overcome him. No questions from the Catechism are included in this lesson.

Step 11. Ephesians 5:21-24; 6:1-4 - That it May Go Well With You

The Bible Study explores the benefits of honoring parents are including preparation for a future good marriage and happy home. No questions from the Catechism included in this step.

Step 12. Ephesians 4:25-32; 5:1-4 - The Well Trained Tongue

The Bible Study from Ephesians emphasizes several practices of speech, good and bad, and encourages imitation of Christ in love and forgiveness and in thankfulness. No questions from the Catechism are included in this step.

Step 13. Colossians 3:1-17- Dying to Rise

The Bible Study from Colossians, chapter 3, exhorts us to put to death our earthly desires and clothe ourselves with virtues of love, forgiveness, thankfulness, etc. No questions from the Catechism are included in this step.

Step 14. 1 Thessalonians 4:3-12; 2 Thessalonians 3:7- 13 - Laziness is a Sin

The Bible study from 1st and 2nd Thessalonians commands us who follow Jesus to gain control over our bodies and avoid sins of impurity and laziness. Five questions from the Catechism, Part Two The Celebration of the Christian Mystery, examine the Sacraments as God-given help to enable us to obey scripture's teaching.

Step 15. 1 Timothy 3:14 - 4:11, 16 - Pillar and Bulwark of Truth

The Bible Study from 1st Timothy examines St Paul's description of the Church as the "pillar and bulwark" of the truth, and discusses his warnings of false teachings, inspired by demons and proliferated by men with seared consciences. Fourteen questions from the Catechism, Part One The Profession of the Faith, follow the foundation, meaning and role of the Church.

Segment Four - CATHOLIC EPISTLES**Step 16. Hebrews 4:1-2, 11-13; 10:23-25; 11:1-6 - Mix it with Faith**

The Bible Study in Hebrews focuses on faith as a necessary ingredient if one is to profit from the Word and teaching of the Church. The verses from Hebrews also point out the necessity of gathering together for common worship. Eleven questions from the Catechism, Part Three Life in Christ, examine heaven, hell and purgatory, and the Eucharist.

Step 17. James 1:12-25 - Resist Sin and Acquire Virtue

The Bible Study from James is about resisting temptation and being a "doer of the word". Twelve questions from the Catechism, Part Three Life in Christ, examine the Seven Deadly Sins and the Four Cardinal virtues.

Step 18. James 4:2-8; 5:13-16 - TAP Into Power

The Bible Study, the thirteen questions from the Catechism, Part Four Christian Prayer, and the craft project all focus on prayer - its practice and its different expressions.

Step 19. 1 Peter 2:13-21; 3:1-7 - Recover Honor

The Bible Study is taken from 1st Peter - his teaching on giving honor and obedience to all in authority and his advice to husbands and wives. Throughout the study, youth have the opportunity to see the benefits of respecting authority. Nine questions from the Catechism, Part Three Life in Christ, examine Divine and civil authority and authority within the family.

Step 20. 1 John 1:6-10; 3:14-24 - Get a Life!

The Bible Study in 1st John explains how to have the life of God dwelling within. It emphasizes confessing sin, hating no one, but loving and caring for all. Eight questions from the Catechism, Part Four Christian Prayer, continue the study of prayer.